

L-DRINK

ORANGE FLAVOR

Nutrition Facts

About 10 servings per container
Serving size 0.4 fl oz (12mL)

Amount Per Serving	
Calories	
20	
% Daily Value	
Total Fat 0g	0%
Sodium 0mg	0%
Total Carbohydrate 4g	2%
Protein 0g	

Not a significant source of sat. fat, *trans* fat, cholesterol, dietary fiber, total sugars, added sugars, vitamin D, calcium, iron, and potassium.

INGREDIENTS: Purified water, vegetable glycerin, natural flavors, citric acid, potassium sorbate (to protect freshness).

L-DRINK

TROPICAL BERRY FLAVOR

Nutrition Facts

About 10 servings per container
Serving size 0.4 fl oz (12mL)

Amount Per Serving	
Calories	
20	
% Daily Value	
Total Fat 0g	0%
Sodium 0mg	0%
Total Carbohydrate 4g	2%
Protein 0g	

Not a significant source of sat. fat, *trans* fat, cholesterol, dietary fiber, total sugars, added sugars, vitamin D, calcium, iron, and potassium.

INGREDIENTS: Purified water, vegetable glycerin, natural flavors, citric acid, potassium sorbate (to protect freshness).

ALGAL OIL

OMEGA-3 DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Capsule

Amount / Capsule % DV*		
Calories	5	
Total Fat	0.5 g	<1%*
Algal Oil (from Aurantiochytrium)	500 mg	†
DHA Omega-3 Fatty Acid	200 mg	

* Percentage Daily Values (DV) are based on a 2,000 calorie diet.
 † Daily value not established.

OTHER INGREDIENTS: Hypromellose, silicon Dioxide, water.

HIBISCUS HERBAL TEA

INGREDIENTS: Organic hibiscus leaves.

SPEARMINT HERBAL TEA

INGREDIENTS: Organic spearmint leaves.

SPEARMINT LEMON HERBAL TEA

INGREDIENTS: Organic spearmint leaves, organic lemon peel, organic lemongrass.

NR-1

VEGETABLE POWDER WITH VITAMINS & MINERAL SUPPLEMENT

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving		% Daily Value*	
Vitamin A (as Beta Carotene)	1,250 IU	25%
Vitamin C (Ascorbic Acid)	15 mg	25%
Vitamin D (as Cholecalciferol)	100 IU	25%
Vitamin E (as DL-Alpha Tocopherol Acetate)	7.5 IU	25%
Vitamin K (as Phyttonadione)	20mcg	25%
Thiamin (as Thiamine Mononitrate)	0.38 mcg	25%
Riboflavin	0.43 mg	25%
Niacin (as Niacinamide)	5 mg	25%
Vitamin B6 (as Pyridoxine HCl)	0.5 mg	25%
Folic Acid	100 mcg	25%
Vitamin B12 (as Cyanocobalamin)	1.5 mcg	25%
Biotin	15 mcg	5%
Pantothenic Acid (as Calcium-D-Panthenate)	2.5 mg	25%
Calcium (as Calcium Carbonate and Tribasic Calcium Phosphate)	100mg	10%
Iron (as Ferrous Fumarate)	4.5 mg	25%
Phosphorous (as Tribasic Calcium Phosphate)	10 mg	1%
Iodine (as Potassium Iodine)	37.5 mcg	25%
Magnesium (as Magnesium Oxide)	26 mg	7%
Zinc (Zinc Oxide)	3.75 mg	25%
Selenium (as Sodium Selenate)	7.5 mcg	11%
Copper (as Cupric Sulfate)	0.25 mg	13%
Manganese (as Manganese Sulfate)	0.5 mg	25%
Chromium (as Chromium Picolinate)	17.4 mcg	15%
Molybdenum (as Sodium Molybdate)	18.8 mcg	25%

L-Nutra Powder Blend 600 mg †
 Beet Root, Spinach Leaf, Tomato Fruit, Carrot Root, Collards Leaf, Kale Leaf.

† Daily value not established

OTHER INGREDIENTS: Stearic acid, microcrystalline cellulose, dicalcium phosphate, croscarmellose sodium, magnesium stearate, silicon dioxide, food-grade shellac.



L-BAR

PROPRIETARY NUT-BASED BAR

Nutrition Facts

Serving size **1 bar (46g)**

Amount Per Serving	
Calories	
260	
% Daily Value*	
Total Fat 21g	27%
Saturated Fat 4g	20%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 70mg	3%
Total Carbohydrate 14g	5%
Dietary Fiber 5g	18%
Total Sugars 9g	
Includes 7g Added Sugars	14%

Protein 5g	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 3mg	15%
Potassium 190mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Macadamias, honey, pecans, almonds, almond butter, coconut, chicory root fiber, flaxseed, coconut oil, coconut flour, sea salt, natural flavor, mixed tocopherols (vitamin E), citric acid, ascorbic acid.

CONTAINS ALMONDS, COCONUT, MACADAMIA NUTS, PECANS.

L-BAR

PROPRIETARY CHOCO CRISP BAR

Nutrition Facts

Serving size **1 bar (23g)**

Amount Per Serving	
Calories	
90	
% Daily Value*	
Total Fat 5g	6%
Saturated Fat 1g	5%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 20mg	1%
Total Carbohydrate 13g	5%
Dietary Fiber 4g	14%
Total Sugars 3g	
Includes 1g Added Sugars	2%

Protein 3g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 1mg	5%
Potassium 100mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: chicory root fiber, almond butter, brown rice crispy, cocoa powder (natural), almonds, chocolate chips (cane sugar, unsweetened chocolate, cocoa butter), rolled oats, brown rice syrup, flaxseed oil, rice dextrin, grape juice, salt.

CONTAINS ALMONDS.

Nutritional Information
 Prolon Variety 2

KALE CRACKERS

Nutrition Facts

Serving size **1 packet (33g)**

Amount Per Serving	
Calories	
180	
% Daily Value*	
Total Fat 14g	18%
Saturated Fat 1.5g	8%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Total Carbohydrate 10g	4%
Dietary Fiber 4g	14%
Total Sugars 1g	
Includes 0g Added Sugars	0%

Protein 5g	
Vitamin D 0mcg	0%
Calcium 73mg	6%
Iron 1.5mg	8%
Potassium 190mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Almonds, sesame seeds, tapioca flour, chia seeds, flax seeds, sunflower oil, kale, sea salt, coconut sugar, coconut vinegar, onion, chili pepper, cumin seed, black pepper, mixed tocopherols (vitamin E), garlic, oregano, citric acid.

CONTAINS ALMONDS, COCONUT.

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OLIVES SEA SALT

Nutrition Facts

Serving size 1 packet (20g)

Amount Per Serving
Calories 35

% Daily Value

Total Fat 3.5g	4%
Saturated Fat 0.5g	3%
Sodium 220mg	10%
Total Carbohydrate 0g	0%
Protein 0g	

Not a significant source of *trans* fat, cholesterol, dietary fiber, total sugars, added sugars, vitamin D, calcium, iron, and potassium.

INGREDIENTS: Olives, olive oil, sea salt, lactic acid.
May contain pits or pit fragments.

OLIVES GARLIC FLAVOR

Nutrition Facts

Serving size 1 packet (20g)

Amount Per Serving
Calories 40

% Daily Value

Total Fat 4g	5%
Saturated Fat 1g	4%
Sodium 240mg	10%
Total Carbohydrate 0g	0%
Protein 0g	

Not a significant source of *trans* fat, cholesterol, dietary fiber, total sugars, added sugars, vitamin D, calcium, iron, and potassium.

INGREDIENTS: Olives, olive oil, sea salt, lactic acid, garlic, thyme.
May contain pits or pit fragments.

TOMATO SOUP MIX

Nutrition Facts

Serving size 1 packet (33g)

Amount Per Serving
Calories 110

% Daily Value*

Total Fat 1.5g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 650mg	28%
Total Carbohydrate 25g	9%
Dietary Fiber 4g	14%
Total Sugars 4g	
Includes 0g Added Sugars	0%

Protein 2g	
Vitamin D 0mcg	0%
Calcium 24mg	0%
Iron 0mg	0%
Potassium 340mg	8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Rice flour, tomato*, chicory root fiber, onion*, sea salt, olive oil* (olive oil, potato starch, rosemary extract), whole grain brown rice, yeast extract, basil*, parsley*. *dried

WHITE BEAN & SPINACH SOUP MIX

Nutrition Facts

Serving size 1 packet (33g)

Amount Per Serving
Calories 110

% Daily Value*

Total Fat 2g	3%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 460mg	20%
Total Carbohydrate 21g	8%
Dietary Fiber 6g	21%
Total Sugars 1g	
Includes 0g Added Sugars	0%

Protein 5g	
Vitamin D 0mcg	0%
Calcium 52mg	4%
Iron 2mg	10%
Potassium 440mg	10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: White beans*, whole grain brown rice, rice flour, chicory root fiber, olive oil* (olive oil, potato starch, rosemary extract), spinach leaves*, sea salt, celery*, onion*, yeast extract, garlic*. *dried

BLACK BEAN SOUP MIX

Nutrition Facts

Serving size 1 packet (33g)

Amount Per Serving
Calories 120

% Daily Value*

Total Fat 2.5g	3%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 430mg	19%
Total Carbohydrate 22g	8%
Dietary Fiber 7g	25%
Total Sugars 1g	
Includes 0g Added Sugars	0%

Protein 5g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 1mg	6%
Potassium 320mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Black beans*, chicory root fiber, whole grain brown rice, rice flour, olive oil* (olive oil, potato starch, rosemary extract), sea salt, onion*, yeast extract, garlic*, coriander*, oregano*. *dried

BUTTERNUT SQUASH SOUP MIX

Nutrition Facts

Serving size 1 packet (33g)

Amount Per Serving
Calories 110

% Daily Value*

Total Fat 1.5g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 790mg	34%
Total Carbohydrate 24g	9%
Dietary Fiber 6g	21%
Total Sugars 3g	
Includes 0g Added Sugars	0%

Protein 2g	
Vitamin D 0mcg	0%
Calcium 41mg	4%
Iron 1mg	6%
Potassium 420mg	8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Butternut squash*, rice flour, whole grain brown rice, chicory root fiber, sea salt, carrots*, olive oil* (olive oil, potato starch, rosemary extract), onion*, yeast extract, garlic*, chives*. *dried

BUTTERNUT SQUASH & QUINOA SOUP MIX

Nutrition Facts

Serving size 1 packet (33g)

Amount Per Serving
Calories 120

% Daily Value*

Total Fat 2.5g	3%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 440mg	19%
Total Carbohydrate 24g	9%
Dietary Fiber 6g	21%
Total Sugars 3g	
Includes 0g Added Sugars	0%

Protein 3g	
Vitamin D 0mcg	0%
Calcium 41mg	4%
Iron 2mg	10%
Potassium 420mg	8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Butternut squash*, quinoa, whole grain brown rice, rice flour, chicory root fiber, olive oil* (olive oil, potato starch, rosemary extract), sea salt, onion*, yeast extract, garlic*, chives*. *dried